

OUTCOMES Speaker

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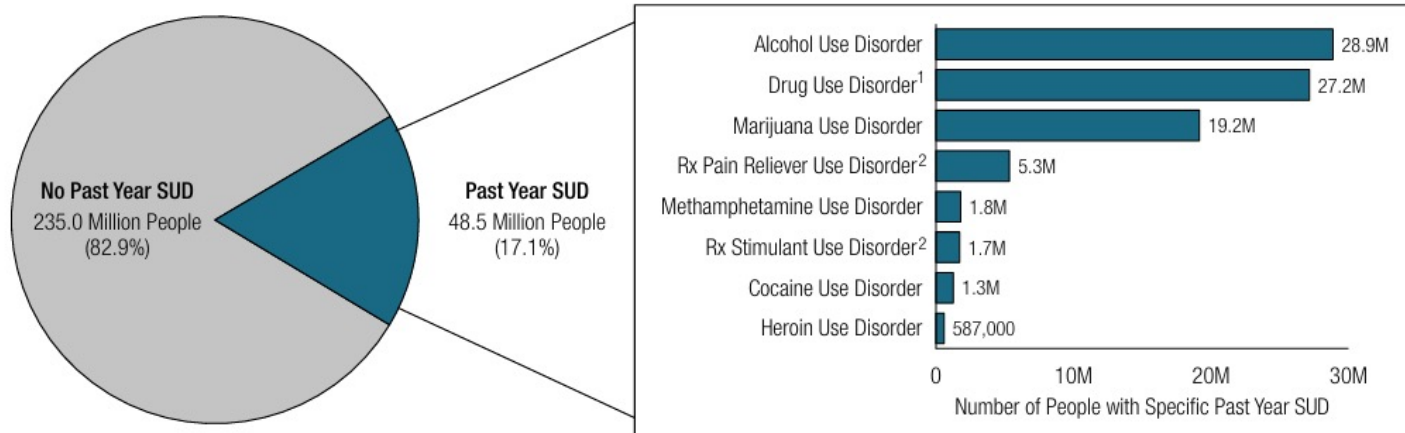
Annie Peters, PhD

Director of Research & Education
NAATP

Benchmarking Treatment and Recovery
Key Findings from the 2025 FoRSE Report

Addiction in the US

Figure 28. Past Year Substance Use Disorder (SUD): Among People Aged 12 or Older; 2023



[SAMHSA, 2024](#)

Rx = prescription.

Note: The estimated numbers of people with SUDs are not mutually exclusive because people could have use disorders for more than one substance.

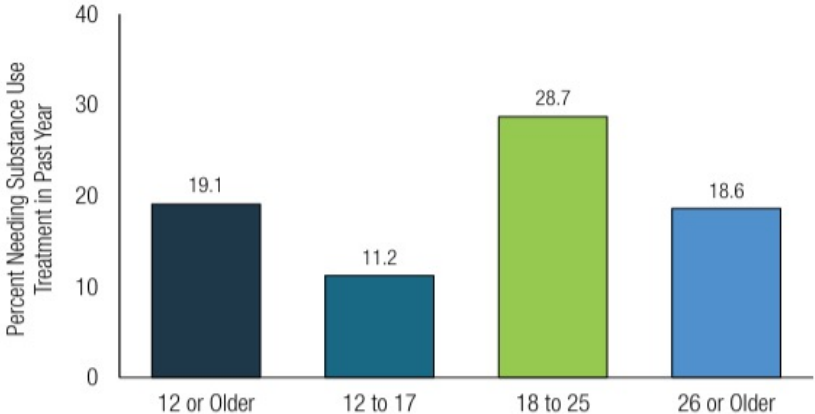
¹ Includes data from all past year users of marijuana, cocaine, heroin, hallucinogens, inhalants, methamphetamine, and prescription psychotherapeutic drugs (i.e., pain relievers, tranquilizers, stimulants, or sedatives).

² Includes data from all past year users of the specific prescription drug.

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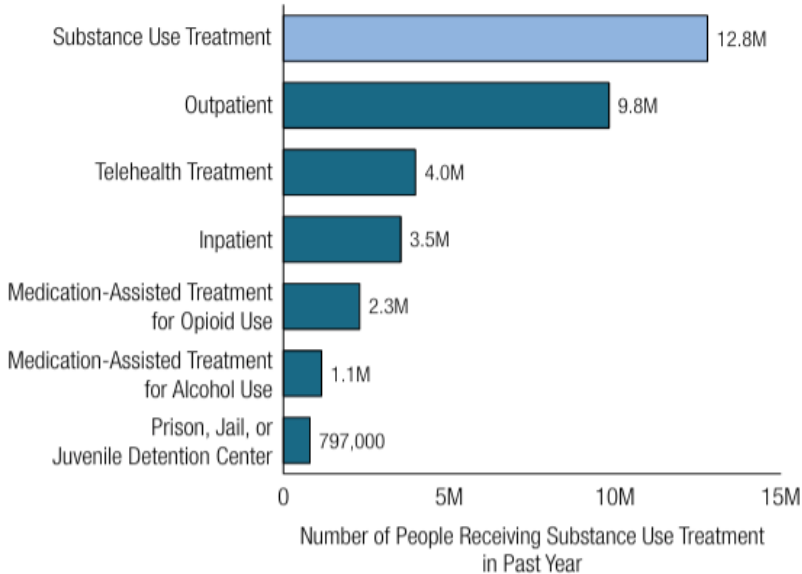
Addiction Treatment in the US

Figure 50. Need for Substance Use Treatment in the Past Year: Among People Aged 12 or Older; 2023



Note: Need for Substance Use Treatment is defined as having a substance use disorder in the past year or receiving substance use treatment in the past year.

Figure 52. Types and Locations of Substance Use Treatment Received in the Past Year: Among People Aged 12 or Older; 2023





NAATP FOUNDATION
for Recovery Science and Education

“ The Mission of FoRSE is to improve addiction treatment through science, technology, and education”

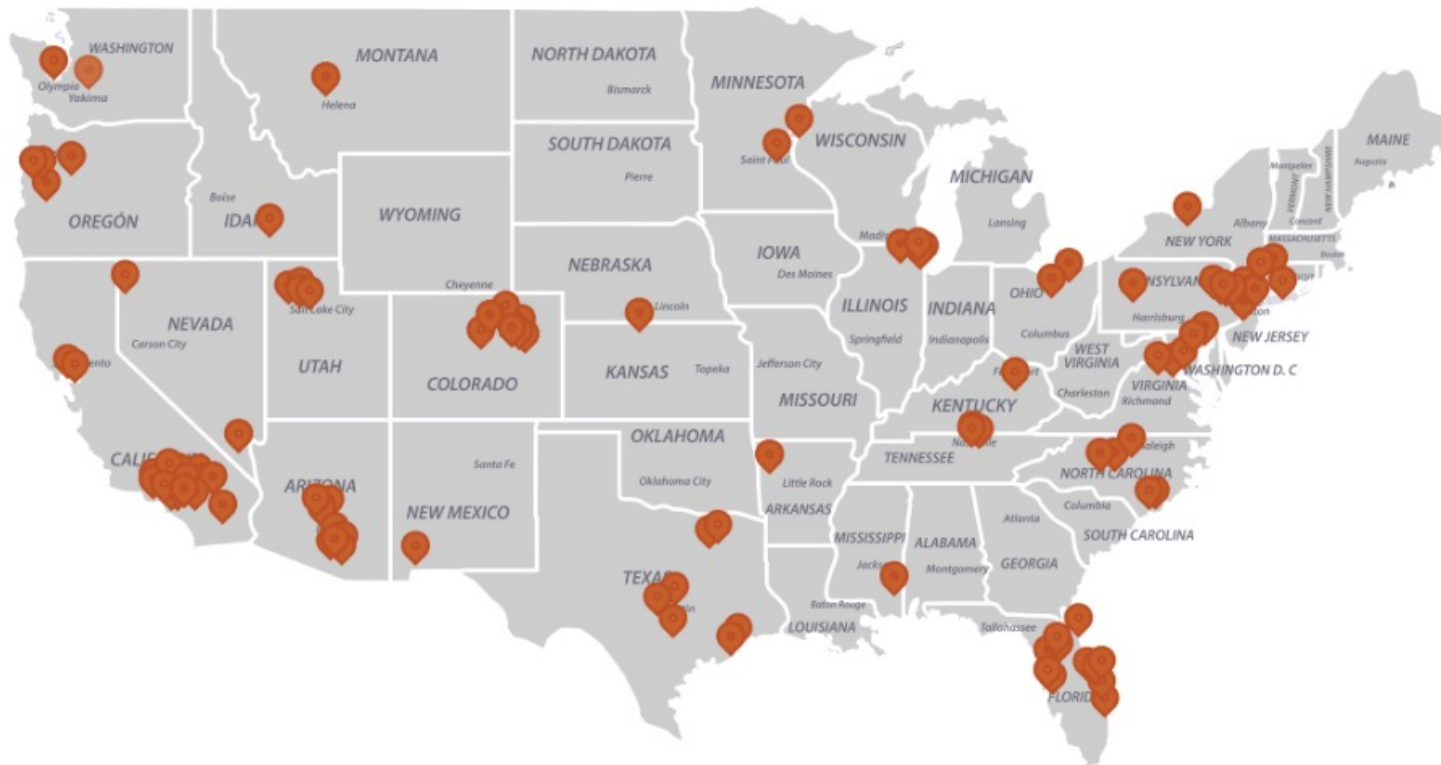
Summary of Patients Treated 2020 - 2024

- ❖ Data from 136 Addiction Treatment Providers
- ❖ Over 270,000 Episodes of Care
- ❖ Our Patients | Our Services | Our Outcomes

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Participating Organizations



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Participating Organizations



*ABC Recovery Center
 *A Better Life Recovery
 *A Mission for Michael
 *Above & Beyond Family Recovery Center
 *ADAPT Programs
 *Advanced Therapeutic Services
 *Alpha Behavioral Health
 *Alina Lodge
 *American Treatment Network
 *ARC Healthcare (Addiction Recovery Care)
 *Asana Recovery
 *Ashley Addiction Treatment
 *AspenRidge Recovery
 *Augustine Recovery
 *Avila Heights Recovery
 *Balance House
 *Brazos Place
 *Bridging the Gaps
 *Bright Future Recovery
 *California Prime Recovery
 *California Recovery Center
 *Caron Treatment Centers
 Casa Capri Recovery
 *Chateau Health & Wellness
 *Cielo Treatment Center
 *Cirque Lodge
 Clear Life Recovery
 *Coastwise Recovery Center
 *Colman Community Services
 *Crossroads Centre Antigua
 Crownview
 *Cumberland Heights
 Foundation
 Defining Wellness Centers
 *Diamond House Detox
 The Difference at Mt. Rose

*Dilworth Center
 *Driftwood Recovery
 Elam Center
 *Embodied Recovery
 Empower Project
 *Encore Outpatient Services
 *Epic Brain Centers
 Exclusive Hawaii Rehab
 *The Extension
 *Family Center for Recovery
 *Fellowship Hall
 *First City Recovery Centers
 *First Steps Recovery
 *Foundation House
 *The Foundry (NRT)
 *Freedom Recovery
 *Friendly House
 *Gallus Medical Detox
 *Gateway Foundation
 *Gateway Rehab
 *Gaudenzia
 *Glass House Recovery
 *Glenbeigh
 *The Guest House Ocala
 *Harmony Recovery
 *Harmony Health Group
 *The Haven
 Hawaii Island Recovery
 *Healing Pines Recovery
 *High Watch Recovery
 Center
 *Holdfast Recovery
 Hope House
 *Horizon Services
 HYGEA Healthcare
 IHC Associates and
 Oasis Treatment
 Integrity House

*Jaywalker Lodge
 La Hacienda Treatment Center
 *Lakeside-Milam Recovery Centers
 *Livengrin Foundation
 *Longleaf Recovery and Wellness
 Magnolia City Detox
 *Maryland Addiction Recovery Center
 *Maryville Integrated Care
 *McCall Behavioral Health Network
 *Meadows Behavioral Healthcare
 *Midas House
 *Milestone Recovery
 *Momentum Recovery
 Monterey Bay Recovery
 *Mountain Sky Recovery
 *Mountain Vista Farm
 Neurish Wellness Mental Health and Outpatient Treatment
 *New Directions for Women
 New Waters Recovery
 *Northbound Treatment
 *Northern Illinois Recovery
 *NorthSight Recovery
 Olympus Recovery
 *Omnia Recovery
 OneEighty
 *Oregon Trail Recovery
 Origins Behavioral HealthCare
 *Pacific Crest Trail Detox
 Pathfinder Recovery
 Pavillon
 Pennsylvania Adult and Teen
 Challenge

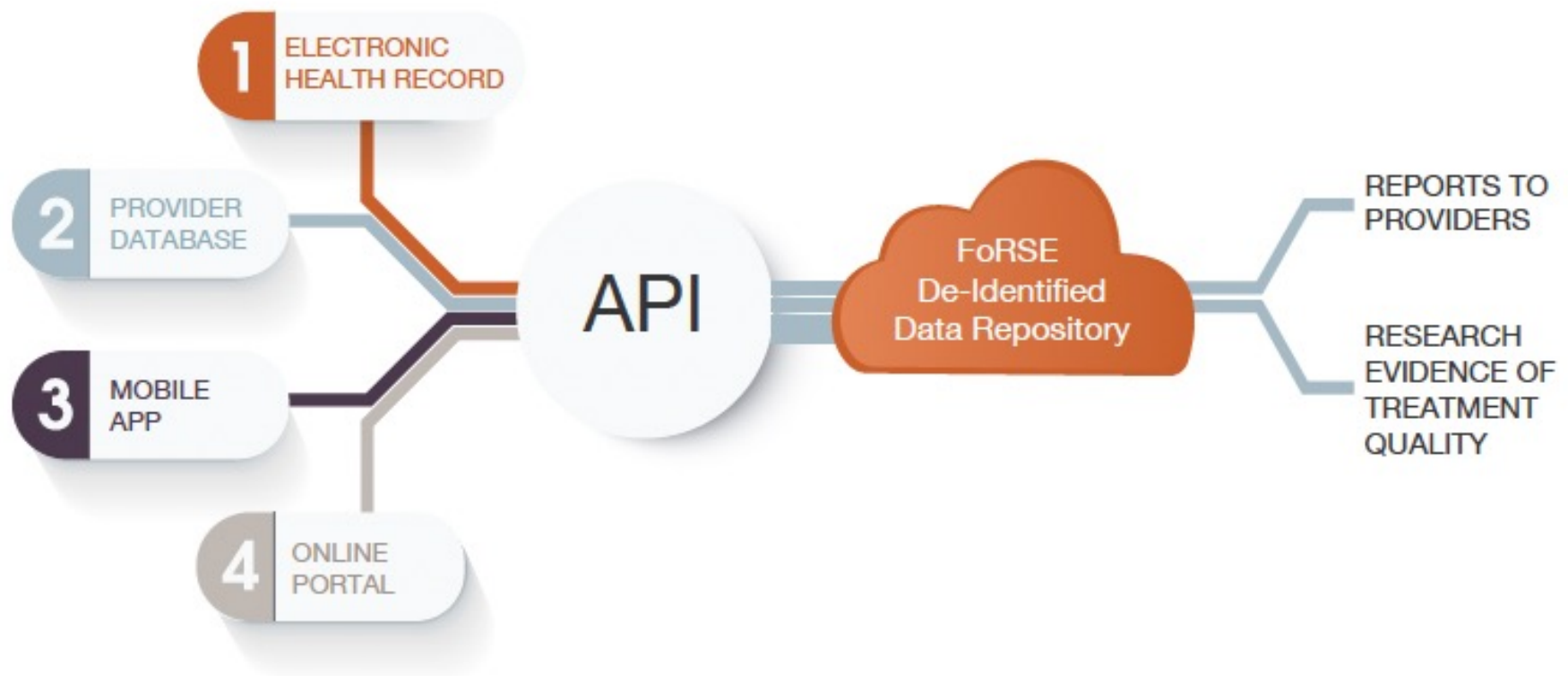
Pine Grove Behavioral Health
 Pinnacle Peak Recovery
 *Pismo Beach Recovery
 *Portland Treatment
 *Pride Institute
 Prospect Hill Recovery & Wellness Center
 *Real Recovery Solutions
 *Recovery Centers of America
 *Recovery Ways
 *Regard Recovery (JourneyPure)
 *Renaissance Ranch
 *Revive Recovery Center
 *Reviving You Recovery House
 *The River Source
 *Roaring Brook Recovery
 *RockBridge Treatment & Recovery
 *Rockland Recovery Group
 *Roots Renewal Ranch
 Rosecrance Health Network
 *The Rose House
 *Sabino Recovery
 Sacred Circle Healthcare
 Safe and Sound Treatment
 *Scottsdale Recovery
 Seacrest Recovery
 Columbus
 Seacrest Recovery New Jersey
 Sequoia Detox Centers
 *Serenity Lane
 ShareHouse
 Sobriety House
 Soulful Recovery
 Stairway Resource Center
 Steps Recovery Centers

Summit Detox
 *Summit Estate
 *Sundown M Ranch
 Sunsets Recovery Center
 *Tallgrass Recovery & Sober Living Homes
 *Touchstone Recovery Center
 Transformations Treatment Center
 Transformations Mending Fences
 Tree House NW
 *Tree House Recovery
 Tree House Recovery CO
 Tree House Recovery NC
 Tree House Recovery TN
 *Tully Hill Treatment & Recovery
 *Turning Point of Tampa
 *Valiant Living
 Valley Hope Addiction and Recovery
 *VARP, Inc.
 *Wasatch Crest Treatment Services
 *Weber Recovery Center
 *Wellbridge Addiction Treatment and Research
 *Wellbrook Recovery
 *Wish Recovery
 *Women's Recovery
 *Worthy Wellness Center
 YourPath Health
 *Zia Recovery Center

**Actively submitting data (Data Sites)*

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FoRSE Addiction Treatment Outcomes Program



FoRSE Technology Partners



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New Partners: hansei | benji



Accepted Data Points & Outcome Surveys

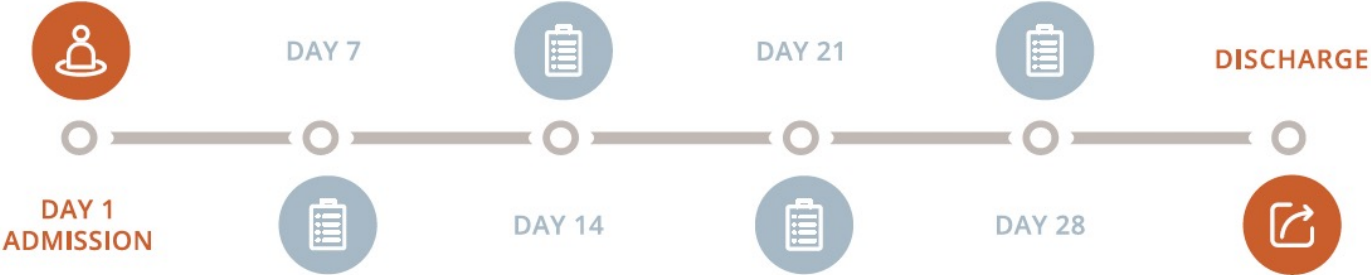


Accepted Measures

- ✔ Brief Addiction Monitor (BAM, BAM-R)
- ✔ Brief Assessment of Recovery Capital (BARC-10)
- ✔ FoRSE Outcomes Survey
- ✔ FoRSE Progress Monitoring Survey
- ✔ Generalized Anxiety Disorder screen (GAD-7)
- ✔ Patient Health Questionnaire (PHQ-9)
- ✔ Treatment Effectiveness Assessment (TEA)
- ✔ World Health Organization Quality of Life (WHOQOL-BREF)

Recommended Measurement Schedules

Progress Monitoring: Every 7 Days (for Residential programs)



Post-Discharge Monitoring: 1, 2, 3, 6, 9, and 12 months post-discharge (annually thereafter)



Our Patients

Admitted (2020-2024): (n = 270,576) across 136 distinct organizations.
Admitted (2024): (n = 96,596) across 129 distinct organizations.

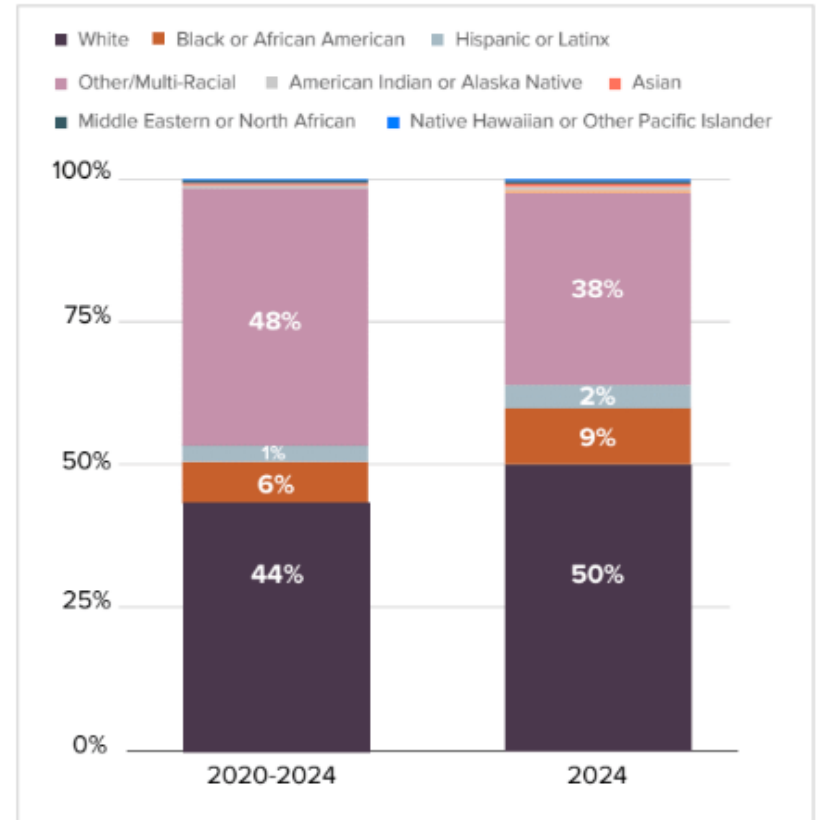
Age (2020-2024)

Mean	SD	Median	Range
39.63	12.26	38	18-89

Age (2024)

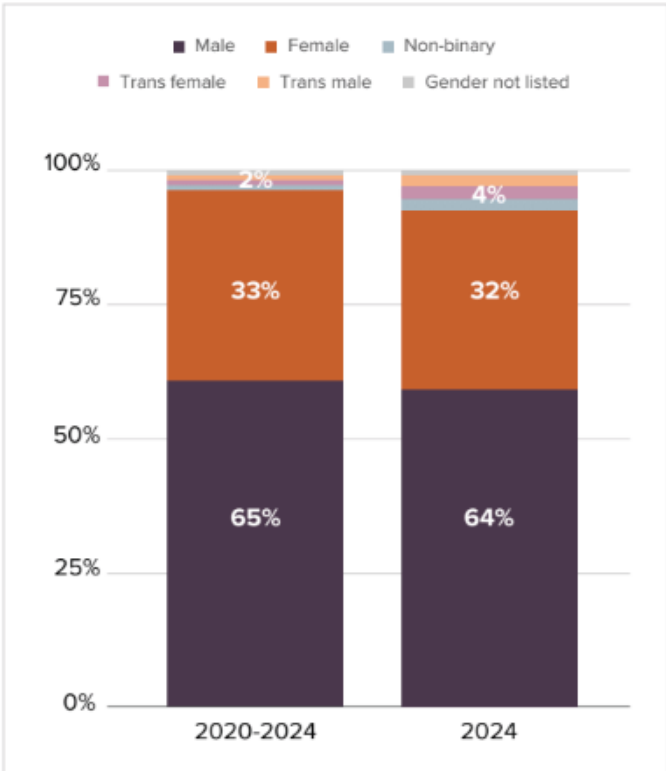
Mean	SD	Median	Range
40.33	12.27	39	18-89

Race and Ethnicity

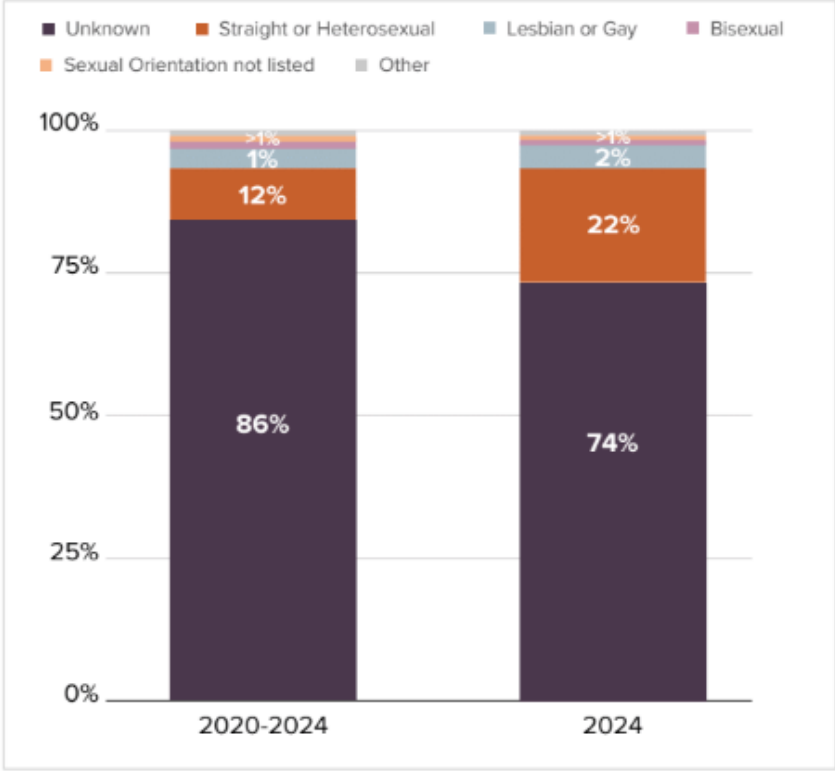


Our Patients

Gender

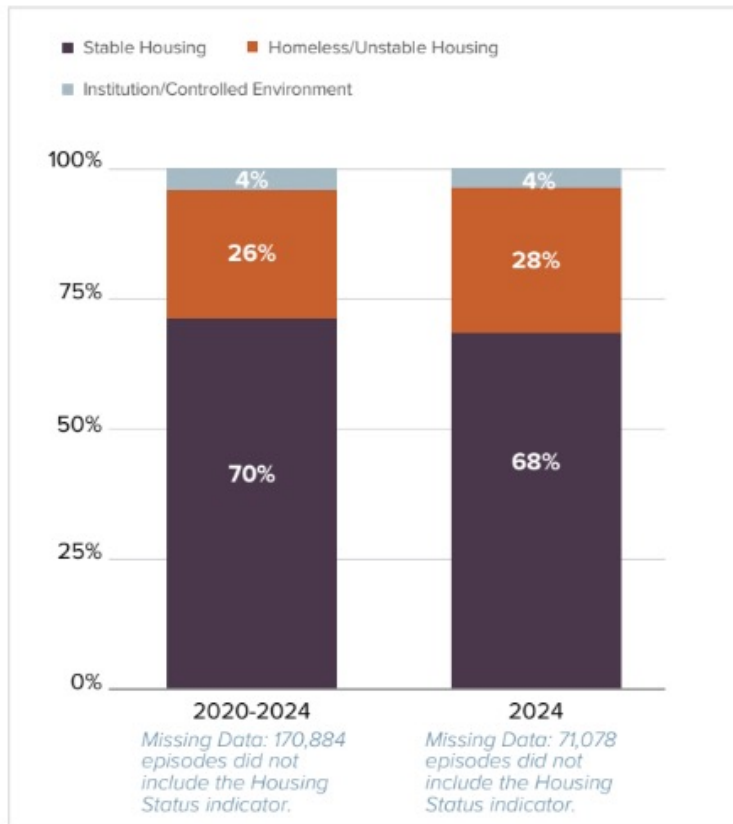


Sexual Orientation

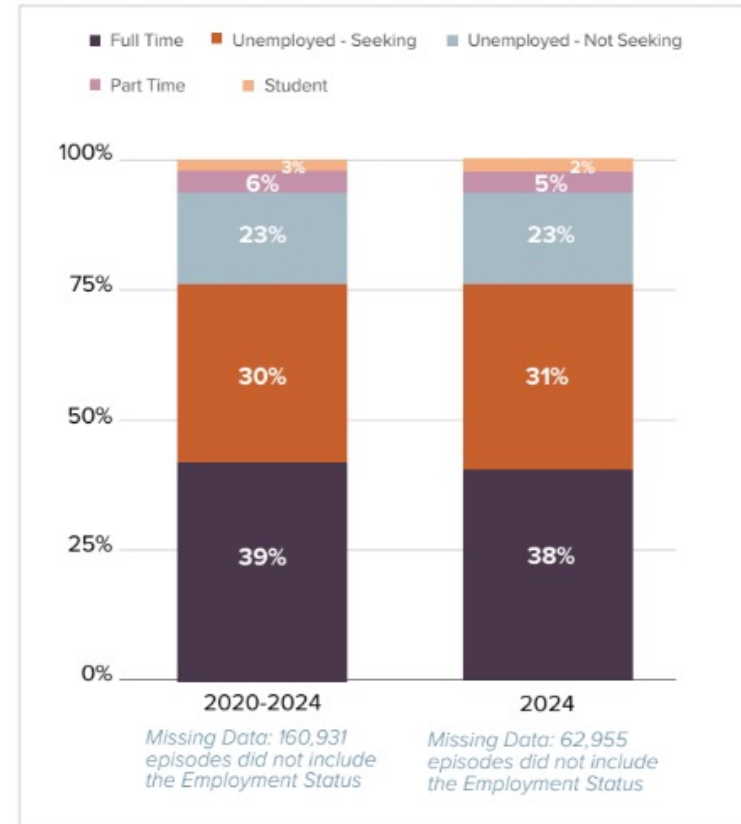


Our Patients

Housing Status

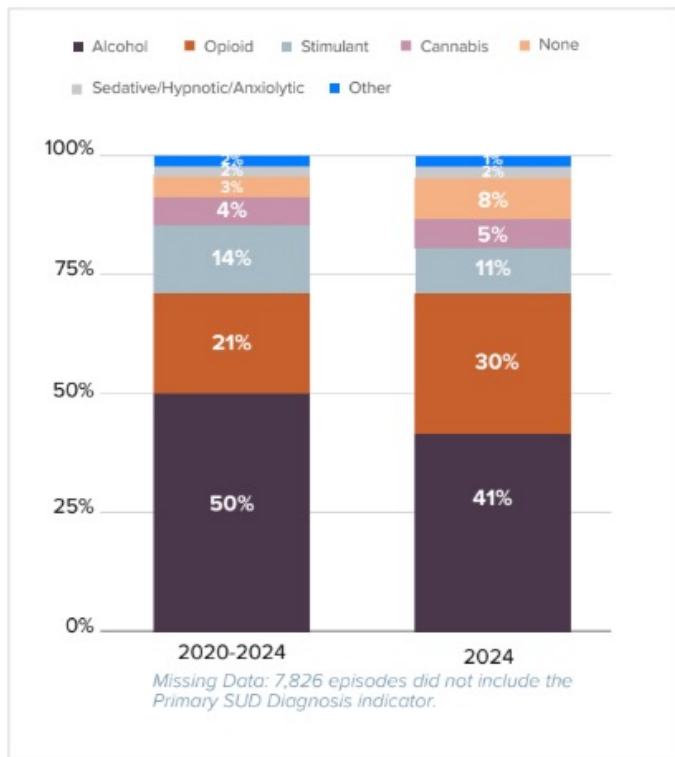


Employment Status



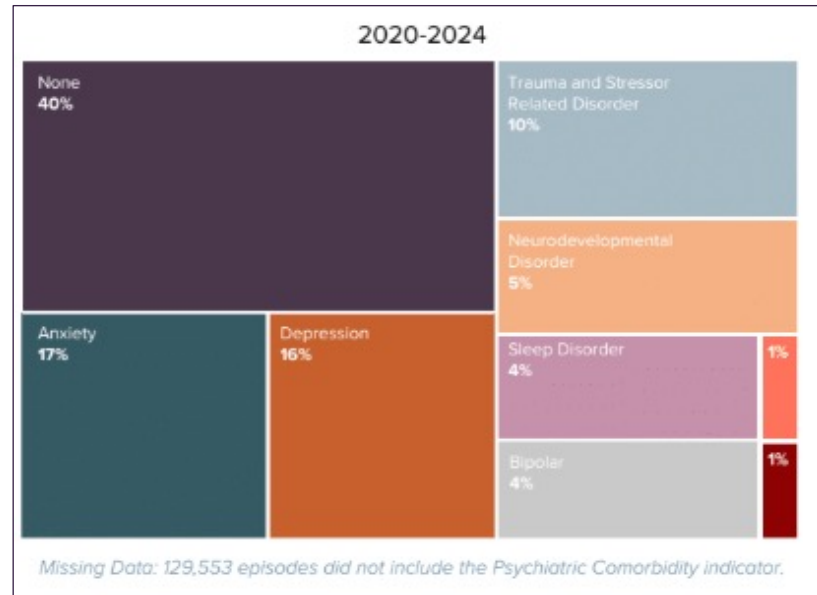
Our Patients

Primary SUD Diagnosis



Psychiatric Comorbidity

- None
- Anxiety
- Depression
- Trauma and Stressor Related Disorder
- Sleep Disorder
- Neurodevelopmental Disorder
- Bipolar
- Schizophrenia Spectrum and Other Psychotic Disorder
- Personality Disorder



Readmission (2020-2024)



Missing Data: 136,772 episodes did not include the Readmission indicator.

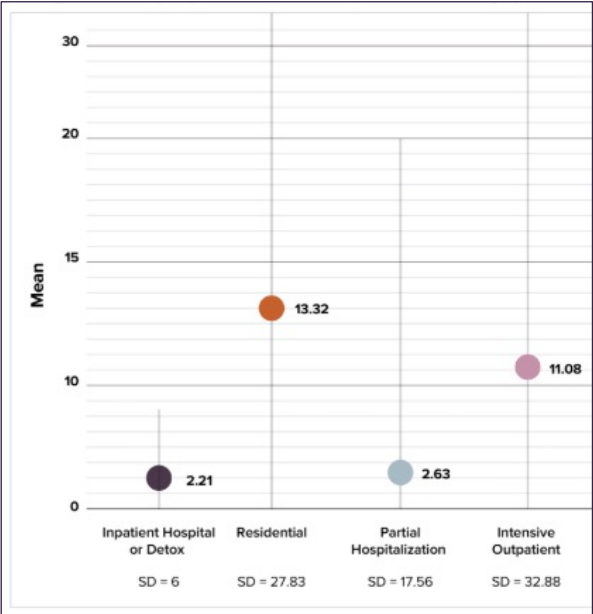
Readmission (2024)



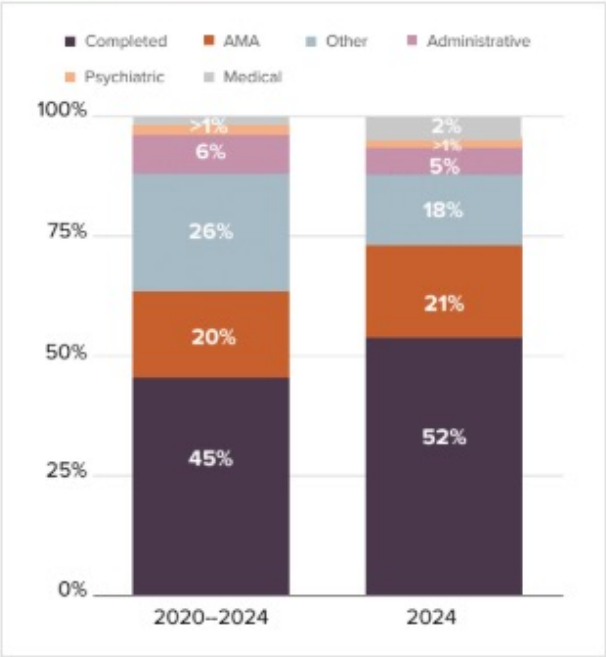
Missing Data: 44,510 episodes did not include the Readmission indicator.

Our Services

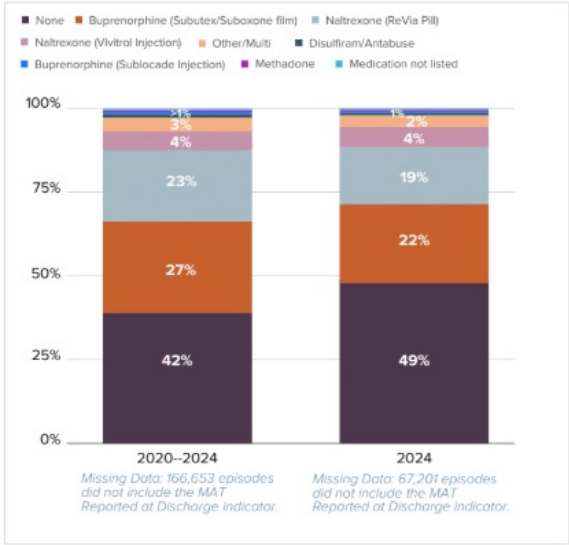
Length of Stay by Level of Care (Calendar Days)



Discharge Type



Medication Assisted Treatment (MAT) Reported at Discharge



Our Outcomes

Brief Addiction Monitor (BAM)

Admitted (2020-2024): (n = 25,734) across 41 distinct organizations.
Admitted (2024): (n = 10,034) across 35 distinct organizations.



(2020-2024)	0-6 Days (n = 10,511)	7-13 Days (n = 1,668)	14-20 Days (n = 615)	21-27 Days (n = 574)	28-34 Days (n = 1,765)	35-41 Days (n = 1,636)
Use	23.83 (23.50)	21.21 (20.70)	11.04 (14.92)	5.27 (10.77)	0.98 (5.67)	1.00 (5.90)
Risk	81.28 (41.06)	80.39 (39.59)	60.49 (35.72)	51.07 (31.61)	44.14 (27.76)	44.83 (26.99)
Protective	80.94 (33.54)	83.22 (32.35)	90.28 (31.76)	99.13 (31.62)	105.17 (31.13)	104.67 (32.27)
Satisfaction	18.41 (9.46)	21.31 (8.25)	22.54 (7.81)	24.07 (6.86)	24.22 (6.58)	23.46 (6.99)

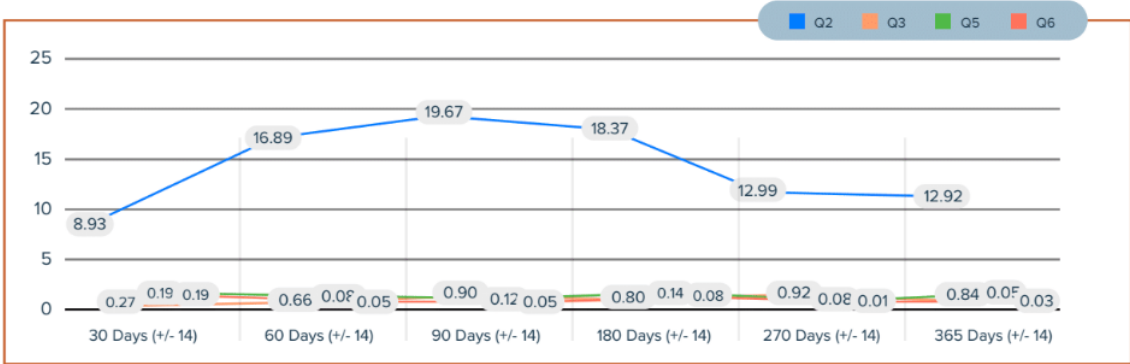
Our Outcomes

FORSE Outcomes Survey

Collected (2020-2024): (n = 16,481) across 41 distinct organizations.

Past 30 Days:

- Q2: Recovery support meetings
- Q3: Days using alcohol/drugs
- Q5: Hospital/ER visits
- Q6: Incidents with law enforcement



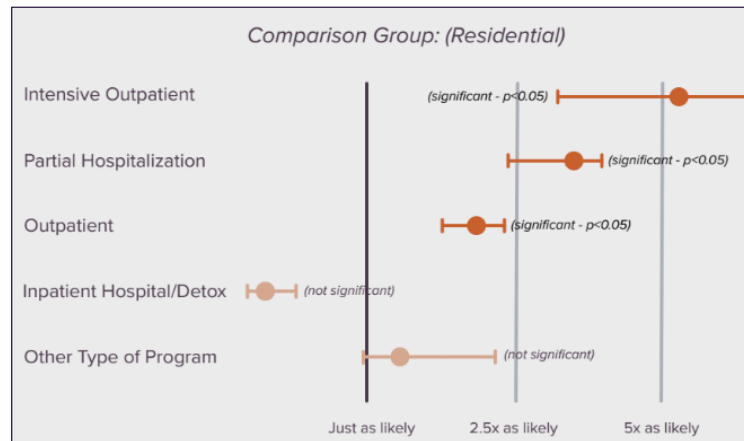
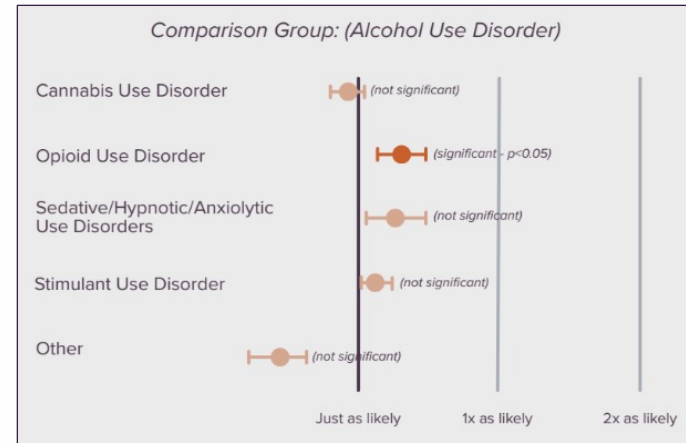
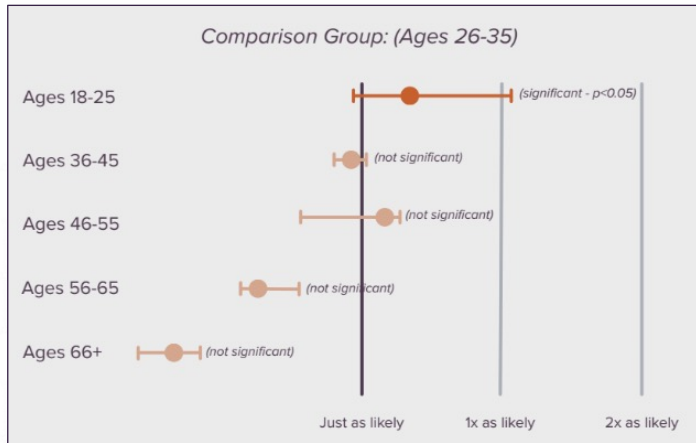
Q8: Have you experienced a relapse since discharging from treatment? (2020-2024)

	30 Days (+/- 14)	60 Days (+/- 14)	90 Days (+/- 14)	180 Days (+/- 14)	270 Days (+/- 14)	365 Days (+/- 14)
Q8 (2020-2024)	<ul style="list-style-type: none"> • No - 85% • Yes - 15% 	<ul style="list-style-type: none"> • No - 87% • Yes - 13% 	<ul style="list-style-type: none"> • No - 85% • Yes - 15% 	<ul style="list-style-type: none"> • No - 85% • Yes - 15% 	<ul style="list-style-type: none"> • No - 79% • Yes - 21% 	<ul style="list-style-type: none"> • No - 79% • Yes - 21%

Missing Data: 499 episodes did not include the Relapse indicator.



ForSE Finding: Predictors of AMA Discharge



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FoRSE Finding: Factors Affecting Relapse

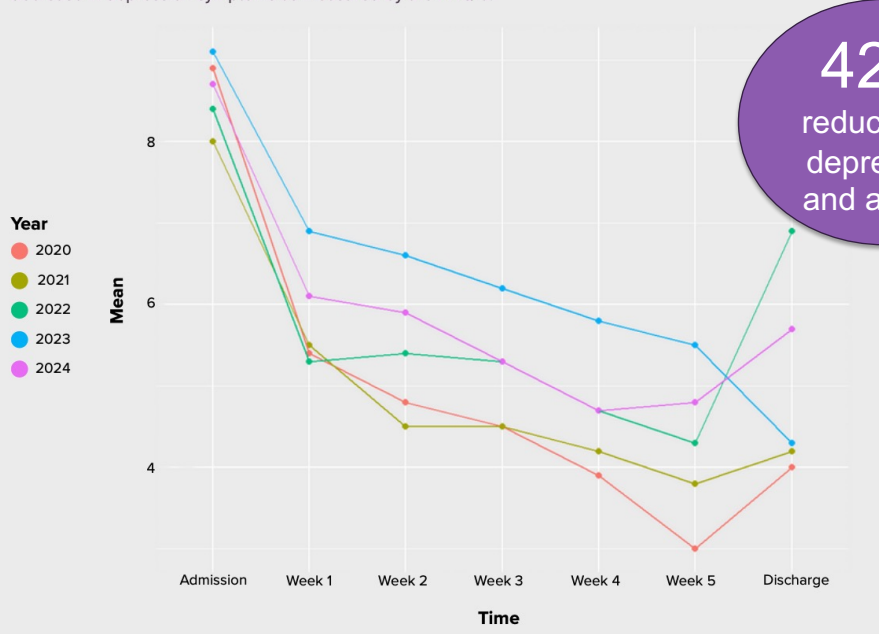
- Patients who spent more than 30 days in treatment had a **23% reduction in relapse risk** compared to those who spent less than 30 days in care ($p=0.0065$).
- Patients who left treatment against medical advice (AMA) had an **85.7% higher risk of relapse** compared to patients who did not ($p<0.001$).



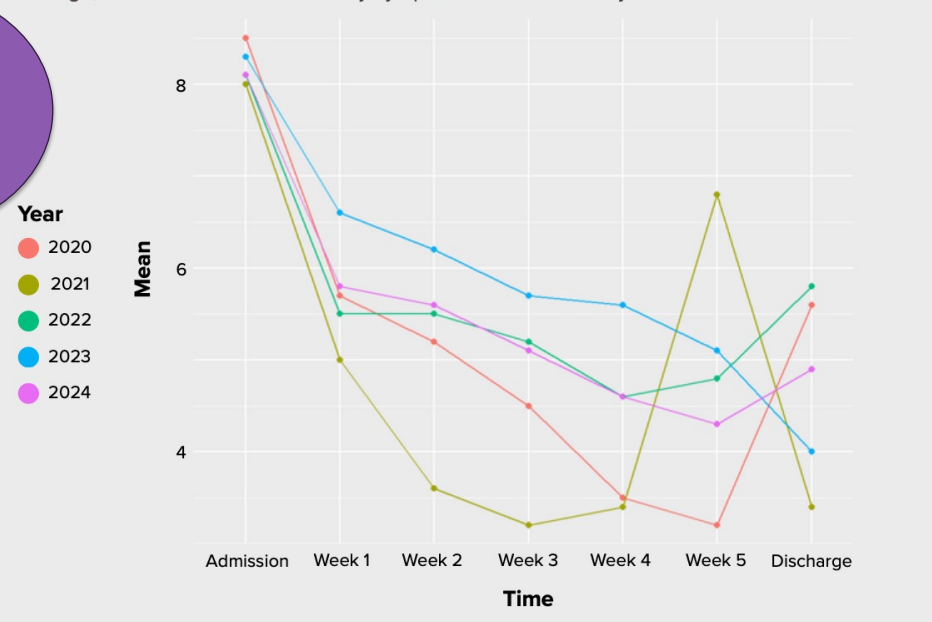
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FoRSE Finding: Observed Change in Symptoms

Depression: In data collected from 2020-2024 during treatment of all types, we observed, on average, a 41.8% decrease in depression symptoms as measured by the PHQ-9.



Anxiety: In data collected from 2020-2024 during treatment of all types, we observed, on average, a 42.2% decrease in anxiety symptoms as measured by the GAD-7.



Recovery Capital: In data collected from 2020-2024 during treatment of all types, we observed, on average, an 18.4% increase in recovery capital as measured by the BARC-10.

Next Steps

❖ 2025 Site-Specific Reports

❖ Future insights:

- Are there outcomes disparities by race, gender, primary payer, or other characteristics?
- How do outcomes differ based on setting and level of care?
- What is the relationship between outcomes and cost of treatment?

Ways to Support FoRSE



JOIN

Join the
Outcomes
Program as a
Data Site

DONATE

Make a Tax-
Deductible
Donation to
FoRSE

CONNECT

Connect FoRSE
With Potential
Partners &
Fundors

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Questions & Contact Information

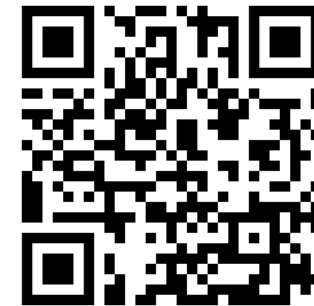
Annie Peters, PhD, LP
Executive Director, FoRSE

Apeters@naatp.org

303-970-9972



FoRSE is a 501(c)3 nonprofit organization supported by donations and grants.



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Upcoming Sessions

12:30-1:45

C-Suite Leadership Luncheon:

Rebel Leadership: Prioritizing Humility and Rethinking Power

Location: Cirrus Ballroom (35th Floor)

Sponsored By



OR

Lunch on your own

2:00-3:00

Workshop Session 2

A: From Numbers to Impact: Driving Revenue Through Comprehensive Community Care

Location: Redwood AB

B: Adolescent Programming: Dignified Treatment of Youth as Best Practice

Location: Willow B

C: Maximizing Revenue through Provider-Payer Relations and Contracting
Organizational Growth and Resilience

Location: Willow A

3:00-3:45

Exhibit Hall Popcorn Social & Networking Opportunity

Sponsored By



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